

Always here for you

LGBTIQA+ Information, Support & Referral Resource List



A collection of inclusive, safe, and welcoming services to increase support, and referral pathways for individuals who identify as LGBTIQA+

Categories:

- Family Violence
- Housing
- Mental Health
- · Alcohol & Other Drugs
- Aboriginal & Torres Strait Islander
- Social Connections
- Trans & Gender Diverse Health











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www.bchs.org.au

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Family Violence

Organisation	Contact Information
Orange Door (North-Eastern Melbourne) Support service for adults, children and young people who are experiencing or have experienced family violence and families who require further support with their children's wellbeing. Inclusive of Aboriginal and Torres Strait Islander people, and LGBTIQA+ community.	Phone Number: 1800 319 355 (free call) Website: https://orangedoor.vic.gov.au/
Anglicare Victoria Rainbow Tick Accredited. Range of family violence services, programs, and supports. Case management (in home and outreach), counselling, Men's behaviour change program, Child FIRST program. LGBTIQA+ inclusive.	Phone Number: 1800 809 722 Website: https://www.anglicarevic.org.au/our-services/
Berry Street Working towards Rainbow Tick LGBTIQA+ inclusive services advertised on their website. Specialist Family Violence and Restoring Childhood programs are now Rainbow Tick Accredited. Full range of specialist family violence services, supports, program and secondary referrals – including LGBTIQA+	Phone Number: 03 9429 9266 Website: https://www.berrystreet.org.au/what-we-do
Eastern Domestic Violence Service Has the Rainbow Tick. Multiple range of housing, family violence, counselling, court support programs and services	Phone Number: 03 9259 4200 w: https://www.edvos.org.au
Thorne Harbour Health Flexible support packages: designed to provide limited financial assistance to victims/survivors of family violence within LGBTI communities.	Phone Number: 1800 134 840 ((ask for Duty Worker or the Family Violence Team) Website: https://thorneharbour.org
Victoria Police Gay and Lesbian Liaison Officers (GLLOs): these are located at various police stations throughout Victoria. They are specially trained police officers who support members of LGBTIQA+ community.	Phone Number: 9247 6944 to find out local GLLO
Neighbourhood Justice Centre LGBTI support workers: LGBTIQA+ applicants and respondent workers located at the NJC supporting LGBTIQA+ community members through the intervention order process.	Phone Number: (03) 9948 8777 Website: https://www.neighbourhoodjustice.vic.gov.au

Family Violence

(continued)

Organisation	Contact Information
Switchboard Victoria Provides peer support, telephone counselling, webchat, and referrals to LGBTIQA+ community – for FV, housing, mental health, sexual health, transition, bullying etc.	Phone Number: (03) 9663 2474 Website: https://www.switchboard.org.au
Rainbow Door Provides short term case management and counselling for LGBTIQA+ community members affected by family violence and/or intimate partner violence, while individual is waiting for a place at the service of their choice. Family violence, housing support, AOD.	Phone Number: 1800 729 367 Website: https://www.rainbowdoor.org.au
QLife QLife provides Australia-wide anonymous, LGBTIQA+ peer support and referrals for people wanting to talk about a range of issues including sexuality, identity, gender, bodies, feelings or relationships.	Phone Number: 1800 184 527 Website: https://qlife.org.au
With Respect Support and referral pathways for LGBTIQA+ community members, as well as for family and friends who have been affected by family violence (from family of origin, family of choice, or extended family) or intimate partner violence.	Phone Number: 1800 542 847 Website: https://www.withrespect.org.au
Family Access Network Rainbow Tick Accredited (15– 25-year-old) therapeutic support group for victim/survivors of family violence and intimate partner violence.	Phone Number: (03) 9890 2673 Website: https://www.fan.org.au
LGBTIQA+ Legal Service Provides legal advice for all LGBTIQA+ community members with a focus on trans and gender diverse community members. Information and support provided to address family, criminal and anti- discrimination law. Also assist with change of name – birth certificates and other identity documents.	Phone Number: 1800 805 801 Website: https://lgbtiqlegal.org.au

Housing

Organisation	Contact Information
Anglicare Victoria Rainbow Tick Accredited. Provides crisis accommodation support for young people aged between 16-22 years old. LGBTIQA+ inclusive.	Phone Number: 1800 809 722 Website: https://www.anglicarevic.org.au/contactus/
Family Access Network Rainbow Tick Accredited. Family Access Network provides housing support to individuals who identify as LGBTIQA+ and are at risk of/or are experiencing homelessness.	Phone Number: (03) 9890 2673 Website: https://www.fan.org.au
Vincent Care Rainbow Tick Accredited. Provides housing assistance, and case management for individuals who are at risk of/or experiencing homelessness, and have integrated family violence, as well as drug and alcohol supports. Inclusive of working with LGBTIQA+ people and individuals who identify as Aboriginal and Torres Strait Islander.	Phone Number: 1800 825 955 Website: https://vincentcare.org.au
Wombat Housing Support Services Providing housing and family violence support for individuals experiencing homelessness. Works inclusively with individuals who identify as LGBTIQA+, as well as Aboriginal and Torres Strait Islander people.	Phone Numbers: 8327 2222 or 1900 887 755 (free call) Website: https://www.wombat.org.au/contact/location

Mental Health

Queerspace Family violence, Individual, relationship and whole-of-family counselling, proup programs, peer support, mentoring and social activities for the LGBTIQA+ community. Switchboard Victoria Provides peer support, telephone counselling, webchat, and referrats for members of the LGBTIQA+ community including; family violence, housing, metal health, sexual health transition, bullying etc. Headspace Face-to face, telephone counselling and confidential I online chats for young people aged 12-25. LGBTIQA+ and Aboriginal and Torres Strait Islander inclusive. Also, headspace counselling and case management available at centres across Victoria. Thorne Harbour Health Counselling support services for individuals who identify as LGBTIQA+ who require assistance with addressing personal and social-related areas such as; gender and sexual identity, relationships, sexual health, ADD, as well as facilitating various peer support programs. Living Positive Victoria Individual and peer-support services for people living with HIV and requiring assistance with navigating supports tallored to their physical, emotional and psychological needs. Anxiety Recovery Centre of Victoria (ARCVic) Self-help & support group: for lesbian, gay male, transgende, intersex (LGBTIQA+) & gender fluid people with anxiety disorders and their families and carers. MIND Equality Centre Specialist psychological services for sexually and gender diverse people. Services include occupation at therapy; individual, couples, group, and family relationship counselling and sex therapy. Practitioners identify as members of the LGBTIQA+ community. Safe Place Therapy Safe Place Therapy Safe Place Therapy Safe Place Therapy counsellors are experienced in working with many different people who identify as LGBTI. (Low-cost options and Medicare rebated sessions.)				
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Victorian Inclusive Practitioners Information around therapists and practitioners, working in the LGBTQIA+, neurodiversity, sex work, kink and BDSM, non-monogamy, immigrant and/or asylum seeker, disability, as well as cultural diversity areas.	Website: https://www.vicinclusivepractitioners.com/
Sexual Health & Intimacy Psychological Services (SHIPS) - Fitzroy	Phone Number: 8456 2818 Website: https://www.shipspsychology.com.au/
Emotional and psychological support services that focus on addressing mental health sexual health, intimacy, relationship matters, gender affirmation.	

Alcohol & Other Drugs

Organisati on	Contact Information
DirectLine	
24/7 alcohol and drug counselling and referral service in Victoria.	Phone Number: 1800 888 236 Website: https://www.directline.org.au/
Thorne Harbour Health	
Counselling support service for individuals who identify as LGBTIQA+ who require assistance with addressing personal and social-related areas such as; gender and sexual identity, relationships, sexual health, AOD, as well as facilitating various peer support programs.	Phone Number: (03) 9865 6700 Website: https://thorneharbour.org

Social Connections

Organisation	Contact Information
Alphabet Soup – Heidelberg A social support group for community members who identify as LGBTIQA+. Meets monthly at a local café from 1pm-4pm. New members welcome	Facebook Link: https://www.facebook.com/alphabetsouptrans?mibext id=ZbWKwL
Victorian Pride Centre Pride Centre Directory Full list of all groups offering social connection and engagement for members of the LGBTIQA+ community.	Website: https://pridecentre.org.au/resource-directory/? sfm_main_category=Social%20 Connection
YGender Social events for transgender and gender diverse young people (25 and under).	Website: https://www.ygender.org.au
Minus 18 Youth-led LGBTIQA+ organisation that provides social events such as queer formals and dance nights. Events are usually for those under the age of 21 and focus on social inclusion.	Website: https://www.minus18.org.au
Box Hill Eastern Diversity Group EDG is a support/social group for anyone aged 15-25 who identify as LGBTIQA+ or gender diverse or questioning their sexual and/or gender-identity.	Phone Number: (03) 9890 2673 Website: https://www.fan.org.au

Trans & Gender Diverse Health

Organisation	Contact Information
Your Community Health – Trans and Gender Diverse Service & Rainbow Gym Government funded initiative to increase health services across Vic for trans, gender diverse and non-binary people aged 18 and over. Services provided: Peer Navigation, GP services, Access to hormone therapy, Endocrinology, Mental health support and counselling, Referral to social and peer support groups, Referral to specialists, Access to allied health, dental, physiotherapy, podiatry and more. Rainbow Gym has been created specifically for trans, gender diverse and non-binary young people, 16-25. It will provide you with the correct information and support to achieve your health	Phone Number for Preston area (03) 8470 1111 Website: https://www.yourcommunityhealth. org.au/service-access/trans-and-gender-diverse-health/ Rainbow Gym Registration Email: tgdhealth@yourch.org.au
and wellbeing goals.	
Equinox Gender Diverse Health Centre Peer led trans and gender-diverse health service	Phone Number: (03) 9416 2889 Email: equinoxadmin@thorneharbour.org
that provides LGBTIQA+ health specific services.	Website: https://equinox.org.au/contact-2/
Austin Health Gender Clinic Providing health care and gender affirmation services to individuals who identify as transgender, gender-diverse, and non-binary.	Phone: (03) 9496 2082 Email: tgdclinics@austin.org.au Website: https://www.austin.org.au/gender-clinic/
Northside Clinic Fitzroy General practice focusing on supporting LGBTIQA+ community members with accessing LGBTIQA+ inclusive and safe healthcare. Services include; sexual health, physical health, mental health and allied health. committed An inclusive space for people of all sexual orientations, sex and gender identities in Melbourne's inner north suburb of Fitzroy North.	Phone Number: (03) 9485 7700 Website: https://northsideclinic.net.au/
DocDir State-wide service which focuses on supporting LGBTIQA+ community members with connecting to LGBTIQA+ clinicians and healthcare providers in their local area.	Website: https://docdir.org.au/

Prahran Market Clinic Phone Number: (03) 9514 0888 Website: Provides medical and allied health services to https://www.prahranmarketclinic.com/ individuals who identify as LGBTIQA+ **AusPath** Website: https://auspath.org.au/ Information, advice, support and referrals for trans, gender diverse and non-binary community members with accessing LGBTIQA+ healthcare. **Monash Health Gender Clinic Phone:** (03) 9556 5216 Website: https://monashhealth.org/services/gender-Specialised public health service for people who identify as transgender, gender-diverse or clinic/ non-binary with accessing person-centred care, as well as gender affirmation supports. Royal Children's Hospital Gender Service Phone Number: (03) 9556 5216 Website: https://www.rch.org.au/adolescent-Providing medical, social, psychological and emotional healthcare to young transgender, medicine/gender-service/ gender-diverse and non-binary people. GP referral required. Flat Out **Phone Number:** (03) 9372 6155 Website: https://www.flatout.org.au/ Support service for people who identify as sistergirls, intersex, transgender and/or gender diverse women who are or have been incarcerated. Beyond Bricks and Bars Program -**Delivered via Flat Out** Phone Number: (03) 9372 6155 Website: https://www.flatout.org.au/beyond-Providing specialised, peer-led social work bricks-bars support to transgender, and gender-diverse people currently, formally or at risk of incarceration in Victoria. **TGD In Vic** Website: TGD in VIC – A resource guide for trans and gender diverse people living in Victoria, Australia. A resource guide for trans and gender diverse people (wordpress.com)

living in Victoria, Australia.

Aboriginal & Torres Strait Islander

Organisation	Contact Information
Elizabeth Morgan House Rainbow Tick Accredited. Provide culturally safe service, holistic family violence support to Aboriginal women & their children. Services also extends to parents of Aboriginal children, as well as partners and ex-partners of Aboriginal people. Inclusive of LGBTIQA+ community members.	Phone Number: (03) 9403 9400 or 1800 364 297 (24/7 number) Website: https://www.emhaws.org.au/
Victorian Aboriginal Child Care Agency (VACCA) Preston Site is Rainbow Tick Accredited. Providing culturally inclusive, and safe services to Aboriginal and Torres Strait Islander people, families, youth, and non-Aboriginal people who have an Aboriginal and/Torres Strait Islander.	Phone Number for Preston Site: (03) 9287 8800 Website: https://www.vacca.org/
Black Rainbow The Black Rainbow is an advocacy platform and touchpoint for Aboriginal and Torres Strait Islander Lesbian, Gay, Bisexual, Queer, Transgender, and Intersex (LGBTIQA+) peoples. (Darwin based, providing national advocacy).	Website: https://blackrainbow.org.au
Victorian Aboriginal Health Services (VAHS) Yarning SafeNStrong Free and confidential counselling service for Aboriginal and Torres Strait Islander people, and families to receive support around their well-being.	Phone Number: 1800 959 563 Email: ysns@vahs.org.au Website: https://www.vahs.org.au/yarning-safenstrong/

Aboriginal & Torres Strait Islander

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Organisation	Contact Information
Koorie Pride Network The Koorie Pride Network connects and advocates for Aboriginal and/or Torres Strait Islander identifying lesbian, gay, bisexual, trans and gender diverse, intersex, queer and questioning, Sistergirls and Brotherboys. Private Facebook group as well for Aboriginal and Torres Strait Islander LGBTIQA+ community members.	Website: https://www.kooriepridevic.org.au Facebook Link: https://www.facebook.com/ kooriepridevictoria/
IndigiLez IndigiLez Leadership and Support Group formed in 2008 and has since become one of Queensland's prominent social support groups for Aboriginal and Torres Strait Islander lesbians and same sex attracted women. Online yarning circles run on a regular basis. (Queensland based, providing national advocacy)	Website: https://www.yarnsheal.com.au/indigilez
Tiddas 4 Tiddas Private Facebook group for connection with Aboriginal and Torres Strait Islander women — includes anyone who identifies as a woman-lesbian, bisexual, trans and gender diverse, non-binary, sistergirls. Note: to join a private facebook group, admins must approve your request.	Strong Tiddas Link: https://www.facebook.com/ groups/724464731725631 TIDDAS Yarning Circle Link: https://www. facebook.com/groups/613554462347515/
Strong Brother Strong Sister Community group that holds regular yarns and info sessions for young LGBTIQA+ people. Plenty of opportunity for LGBTIQA+ people to connect and share experiences of being LGBTIQA+ in a safe space. Also supporting LGBTIQA+ people who are at risk of suicide, child protection intervention, experiencing FV, substance use issues. Ages between 12- 25.	Website: https://www.strongbrotherstrongsister.com Facebook Link: https://www.facebook.com/ strongbrotherstrongsister
Sistergirls & Brotherboys Private Facebook groups predominantly for sistergirls, brotherboys, 2 spirit, trans and gender diverse Aboriginal and Torres Strait Islander community members.	Facebook Link: https://www.facebook.com/groups/sistergirls.brotherboys