

CLEAN WELL



## How to brush



1

Brush in the morning and at night before going to bed.



2

Use a pea sized amount of fluoride toothpaste on a soft toothbrush.



3

Brush teeth and along the gum moving in gentle circles.

Start with the outside surfaces.



4

Repeat on the inside surfaces.



5

Use a light back and forth motion on the chewing surfaces.

Spit out toothpaste, but don't rinse with water.



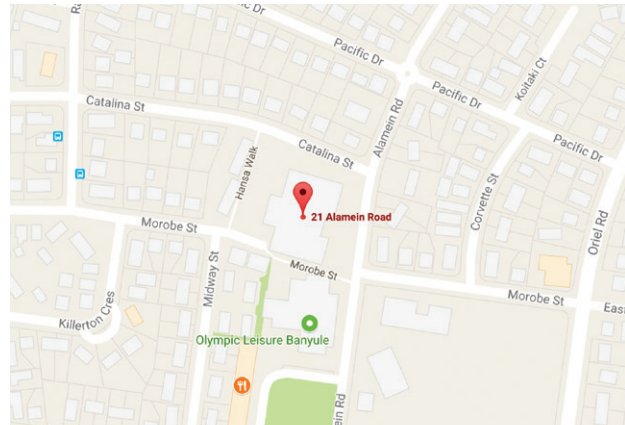
Want to know more?

Visit the Smile Squad website at [www.smilesquad.vic.gov.au](http://www.smilesquad.vic.gov.au)

Be sure to brush all surfaces:  
top and bottom, left and right,  
front and back.

Call 9450 2000

to make an appointment or check out our website  
[bchs.org.au](http://bchs.org.au)



### Contact us

21 Alamein Road  
West Heidelberg 3081

T 9450 2000  
F 9459 5808  
E [banyule@bchs.org.au](mailto:banyule@bchs.org.au)

Monday to Friday 8.30am – 5.00pm  
Interpreting services available on request

Banyule Community Health ACN: 135 660 454 ABN: 87 776964889



@banyulechs  
[banyulecommunityhealthservice](https://www.facebook.com/banyulecommunityhealthservice)  
[banyule community health](https://www.linkedin.com/company/banyule-community-health)



## Oral Health Program

### Dental Services



## About Us

Banyule Community Health Dental Service is committed to the dental health needs of the community.

We offer a diverse range of treatment including:

- Preventive treatment such as fluoride treatment and fissure sealants
- Scaling/cleaning and management of gum disease
- Fillings
- Removal of teeth
- Root canal treatment
- Denture construction



## Eligibility and Fees

Treatment is FREE for priority groups and all children aged 12 years and under, and for adolescents (13 years and over) if they or their parents hold a current Healthcare or Pension card.

- Any child or adolescent eligible for the Child Dental Benefits Scheme, is also eligible for dental treatment.

No waiting lists apply to Child and Youth dental services.

Services are available for adults with a current health care or Pensioner concession card.

Co-payments apply; these fees are set by the Victorian Government for adults who are not in a priority group.

## Priority Access to Dental Service

### Priority Access

Please ask a Reception Team member for assistance if the following applies to you as you may be eligible for priority access to the Oral Health Service:

- You are pregnant
- You are of Aboriginal or Torres Strait
- Islander descent
- You are aged over 80 years
- You are a newly arrived refugee or asylum seeker
- You are homeless
- Intellectual disability client

## Waiting Lists

Waiting lists generally apply for people aged 18 and over who are not in a priority group. There are two waiting lists:

- General care or check-ups waiting list
- Denture care waiting list

Speak to Reception to have your name added to the general care waiting list.

## Emergencies

If you have a dental emergency, please call the clinic and you will be asked a series of questions to assess your needs. If necessary, an appointment will be arranged in a suitable time-frame depending on the urgency of your case.

## Student Clinic

This is a teaching clinic that operates from February to October each year. Final year Bachelor of Dental Science students provide clinical services under supervision. These services are free. Please ask a member of the Reception Team if you would like more information about the Student Clinic.

## Interpreters



It is important to us that language is not a barrier to you accessing our health care services. Please let us know if you would like an interpreter.

Don't wait for a problem; a child should see a health professional by the age of two for an oral health check.